

ERRATA to *The ABC Clinical Guide to Herbs*

April 15, 2003



The editors detected the following errors after printing had been completed. Corrections are indicated by SMALL CAPITAL TEXT. Updates and any additional corrections to *The ABC Clinical Guide to Herbs* will be posted on the American Botanical Council's Web site www.herbalgram.org/.

BLACK COHOSH

p. 19: Monograph, Branded Products

Remifemin®: GlaxoSmithKline / One Franklin Plaza / Philadelphia, PA 19102 / U.S.A. / Tel: (800) 366-8900. One tablet contains black cohosh extract WITH MONITORING OF ACTIVE COMPOUNDS (TRITERPENE GLYCOSIDES) CORRESPONDING TO 20 MG OF CRUDE DRUG.

p. 19: Monograph, Branded Products

Remifemin® drops: Schaper & Brümmer GmbH & Co. KG. / Bahnhofstrasse 35 / 38259 Salzgitter / Ringelheim / Germany / Tel: +49-5341-30-70 / Fax: +49-5341-30-71-24 / Email: info@schaper-bruemmer.de / www.schaper-bruemmer.com/. Twenty drops correspond to 20 mg of crude drug. [DELETE "THIS PRODUCT IS NO LONGER AVAILABLE."]

ECHINACEA

p. 92: Monograph, Branded Products

Esberitox® (NAME AND FORMULATION prior to 1985): Schaper and Brümmer GmbH & Co. KG. / Bahnhofstrasse 35 / 38259 Salzgitter / Ringelheim / Germany / Tel.: +49-5341-30-70 / Fax: +49-5341-30-71-24 / Email: info@schaper-bruemmer.de / www.schaper-bruemmer.com. One tablet contains 0.215 ml of an alcoholic-aqueous extract (1:11) corresponding to 2 mg *Thuja occidentalis* (white cedar) leaf, 7.5 mg Echinacea (*E. purpurea* and *E. pallida* 1+1) root, 10 mg *Baptisia tinctoria* (wild indigo) root and homeopathic dilutions of Apis mell. (D4), CrotaLus (D6), Lachesis (D4), and Silicea (D4).

p. 92: Monograph, Branded Products

Replace Esberitox®N1 and Esberitox®N2 entries with the following:

Esberitox® N (NAME AND FORMULATION 1985–PRESENT): Schaper and Brümmer GmbH & Co. KG. One tablet contains 0.215 ml of an alcoholic-aqueous extract (1:11) corresponding to 2 mg *Thuja occidentalis* (white cedar) leaf, 7.5 mg Echinacea (*E. purpurea* and *E. pallida* 1+1) root, and 10 mg *Baptisia tinctoria* (wild indigo) root (homeopathic ingredients removed). PRIOR TO 1990 THIS PRODUCT WAS REPORTED TO CONTAIN *E. ANGUSTIFOLIUS* AND *E. PALLIDA* (MELCHART *ET AL.*, 1994); HOWEVER, IT REALLY CONTAINED *E. PURPUREA* AND *E. PALLIDA* (LISKE, 2003).

p. 93: Monograph, References

Add the following reference:

LISKE E [HEAD OF INTERNATIONAL MEDICAL DEPARTMENT, SCHAPER & BRÜMMER GMBH & CO. KG]. PERSONAL WRITTEN COMMUNICATION. MARCH 25, 2003.

p. 94: Monograph, Table of Clinical Studies

Henneicke-von Zepelin *et al.*, 1999:

Preparation: ESBERITOX®N [DELETE "2"] tablet vs. placebo

p. 95: Monograph, Table of Clinical Studies

Reitz, 1990:

Dosage: 3 TABLETS 3x/day or placebo (vitamin C)

Preparation: ESBERITOX®N [DELETE "1"] tablet vs. placebo

Vorberg, 1984:

Dosage: 2 TABLETS 3x/day

Preparation: Esberitox® tablet (INCLUDES HOMEOPATHIC INGREDIENTS) vs. placebo

p. 96: Monograph, Table of Clinical Studies

Forth and Beuscher; 1981:

Dosage: 25 drops 3x/day or 1 [DELETE MG] tablet 3x/DAY or placebo

Preparation: Esberitox® (INCLUDES HOMEOPATHIC INGREDIENTS)

PROPRIETARY PRODUCTS

p. 375: Esberitox®, Monograph

Title: Esberitox® / ESBERITOX®N

Contents: [EDITORS' NOTE: THIS PRODUCT WAS ORIGINALLY NAMED ESBERITOX®. IN 1985 THE PRODUCT WAS REFORMULATED TO REMOVE THE HOMEOPATHIC INGREDIENTS AND THE NAME WAS CHANGED TO ESBERITOX®N.] ONE TABLET CONTAINS 0.215 ML OF AN ALCOHOLIC-AQUEOUS EXTRACT (1:11) CORRESPONDING TO 2 MG *THUJA OCCIDENTALIS* (WHITE CEDAR) LEAF, 7.5 MG ECHINACEA (*E. PURPUREA* AND *E. PALLIDA* 1+1) ROOT, AND 10 MG *BAPTISIA TINCTORIA* (WILD INDIGO) ROOT. NOTE: PRIOR TO 1985 THE PRODUCT ALSO CONTAINED HOMEOPATHIC DILUTIONS OF *APIS MELL.* (D4), *CROTA LUS* (D6), *LACHESIS* (D4), AND *SILICEA* (D4). PRIOR TO 1990 THE PRODUCT WAS DECLARED TO CONTAIN *E. ANGUSTIFOLIA* AND *E. PALLIDA* (MELCHART *ET AL.*, 1994); HOWEVER, IT REALLY CONTAINED *E. PURPUREA* AND *E. PALLIDA* (LISKE, 2003).

Duration of Administration: DEPENDS ON THE CONDITION BEING TREATED.

p. 375: Esberitox®, Table of Clinical Studies

Henneicke-von Zepelin *et al.*, 1999:

Dosage: 3 TABLETS 3x/day

Preparation: ESBERITOX®N [DELETE "2"]

Reitz, 1990:

Dosage: 3 TABLETS 3x/day or placebo (vitamin C)

Preparation: ESBERITOX®N [DELETE "1"]

ERRATA to *The ABC Clinical Guide to Herbs* continued

April 15, 2003

p. 375: Esberitox[®], Table of Clinical Studies (cont.)

Vorberg, 1984:

Dosage: 2 TABLETS 3x/day

Preparation: Esberitox[®] (INCLUDES HOMEOPATHIC INGREDIENTS)

Forth and Beuscher; 1981:

Preparation: Esberitox[®] (INCLUDES HOMEOPATHIC INGREDIENTS)

p. 381: Mastodynon[®], Table of Clinical Studies

Kubista *et al.*, 1986:

Results/Conclusion: 74.5% [INSTEAD OF 74.55]

p. 391: References

Add the following reference:

LISKE E [HEAD OF INTERNATIONAL MEDICAL DEPARTMENT, SCHAPER & BRÜMMER GMBH & CO. KG]. PERSONAL WRITTEN COMMUNICATION. MARCH 25, 2003.

TABLE OF PRODUCTS USED IN CLINICAL STUDIES LISTED IN SINGLE HERB MONOGRAPHS

p. 398: Black Cohosh

Remifemin[®] drops (Schaper & Brümmer GmbH & Co. KG) [DELETE "(PRODUCT NO LONGER AVAILABLE)"]

p. 398: Chaste Tree

Products Used in Clinical Studies: BNO 1095 Capsules (Bionorica AG) (EXTRACT USED IN RETAIL PRODUCTS) [DELETE: "PRODUCT NOT DISTRIBUTED"]

Other Names: AGNUCASTON[®] FILM COATED TABLETS (BIONORICA AG)

p. 399: Echinacea

Esberitox[®] (PRE-1985) (Schaper & Brümmer GmbH & Co. KG) (PRODUCT WITH HOMEOPATHIC INGREDIENTS NO LONGER AVAILABLE)

[DELETE ENTIRE ENTRY "Esberitox[®]N1 (1985 formulation based on Esberitox[®]) (Schaper & Brümmer GmbH & Co. KG)"]

ESBERITOX[®]N [DELETE "2"] (1985–PRESENT) (Schaper & Brümmer GmbH & Co. KG); Esberitox[®] (US: Enzymatic Therapy, Inc.)

TABLE OF PRODUCTS USED IN CLINICAL STUDIES LISTED IN PROPRIETARY HERBAL MONOGRAPHS

p. 404: Esberitox[®]

Proprietary Product: Esberitox[®] (Schaper & Brümmer GmbH & Co. KG) (pre-1985 formulation, PRODUCT WITH HOMEOPATHIC INGREDIENTS NO LONGER AVAILABLE)

Ingredients: *Echinacea pallida* root, *E. purpurea* root, *Thuja occidentalis* LEAF, *Baptisia tinctoria* root, AND HOMEOPATHIC DILUTIONS OF APIS MELL., CROTALUS, LACHESES, AND SILICEA

p. 404: Esberitox[®]N1

[DELETE ENTIRE ENTRY]

p. 404: Esberitox[®]N2

Proprietary Product: Esberitox[®]N [DELETE "2"] (Schaper & Brümmer GmbH & Co. KG) (1985–PRESENT formulation)

Ingredients: *Echinacea pallida* root, *E. purpurea* ROOT, *Thuja occidentalis* LEAF, *Baptisia tinctoria* root

p. 404: Mastodynon[®]

Other Names:

Not marketed in the U.S.

BNO 1020 (Bionorica AG) (EXTRACT USED IN RETAIL PRODUCTS) NOT MARKETED IN THE U.S.

p. 404: Sinupret[®]

Other Names:

(U.S. Distributor: Mountain Home Nutritionals)

BNO 1015 (BIONORICA AG) (EXTRACT USED IN RETAIL PRODUCTS) NOT MARKETED IN THE U.S.

CONTINUING MEDICAL EDUCATION FOR NATUROPATHIC PHYSICIANS APPLICATION

p. 435

TO QUALIFY FOR 12 HOURS [NOT 10] of approved CE for Naturopaths, complete this original application form (copies will not be accepted), the answer sheet, include a check for \$20, and mail to:

Updates and any additional corrections to *The ABC Clinical Guide to Herbs* will be posted on the American Botanical Council's Web site www.herbalgram.org/.