

Instructions to Authors

International Journal of Nutrology (IJN) aims to publish a wide range of articles that describe scientific mechanisms, efficacy, and safety of dietary interventions in the context of disease prevention or health benefit. Public health and epidemiologic studies relevant to human nutrition, and investigations that employ epigenetic, genomic, proteomic, and metabolomic approaches are encouraged. The journal publishes human and animal studies.

The *International Journal of Nutrology* publishes Original Articles, Review Articles, Case Reports and Letter to the Editor. Manuscripts must be prepared in accordance with the «Uniform Requirements for Manuscripts Submitted to Biomedical Journals» developed by the International Committee of Medical Journal Editors (*N Engl J Med* 1991;324:424–428) available at <http://icmje.org> (*International Committee of Medical Journal Editors*). All submissions are peer reviewed. Manuscripts can be submitted free of charge (no APCs) through IJN's online submission website: www.manuscriptmanager.net/ijn. Please read the Instructions to Authors before preparing your submission.

IJN also publishes supplements. The symposium organizer needs to provide the topic and content of the symposium to the Editorial Office, including title, location, and date of the meeting; the names and affiliations of potential guest editors; the sponsor(s) of the meeting; the sponsor(s) of the publication; and the program from the meeting along with the names of the speakers. After that, the individual articles will be submitted to anonymous peer review of each article. To be considered for publication, supplement articles must be received within 3 months of each symposium or workshop. Each manuscript should not exceed 6.500 words, exclusive of tables, figures, and references; and must follow the IJN style and format; and will be reviewed according to the same scientific standards used to evaluate original research articles.

Manuscripts format

The manuscripts may be written in English or Portuguese, but must have an Abstract in English. Original articles should not exceed 6.500 words (except title page, abstract, tables, figures and references); Review Articles 5.000 words, Case Reports, 1.500 words and Letter to the Editor, 1.000 words, excluding references. Use word processor compatible with Microsoft® Word, font Arial, size 12, black color. The pages should be numbered on the superior right corner. Papers must be completely double-spaced, with 2 cm margins and justified. Do not highlight sections of text using underline or bold and do not use points in abbreviations. Terms abbreviated by initials

should appear in full when first mentioned, followed by the abbreviation in parentheses.

General information for publication

The papers will be submitted to 2 peer reviewers appointed by the Editor-in-chief. Within the next 60 days, the authors will be informed about the acceptance of the material. Once accepted, articles might be subject to minor corrections following the editorial rules. Any changes in form, style or interpretation must be authorized by the authors. The reviewers might suggest changes before the manuscript publication. In case of manuscript rejection the corresponding author will receive the letter containing the reviewers' comments on the manuscript.

Final correction

The PDF of the accepted manuscripts will be sent to the corresponding author for approval. The final version must be sent back to the editor in two weeks. If the editor does not receive the corrected proofs in 2 weeks, the manuscript will be published, even with no final approval of the authors.

Ethical Approval

Manuscripts must follow ethical standards from the International Committee of Medical Journals Editors – ICMJE, as well as provide a statement with study ethical approval from the institution where it was developed. If the referred institution has no ethical committee, the Comissão Nacional de Ética em Pesquisa do Ministério da Saúde must indicate an institution where the study should be submitted to. All studies must be in accordance with Helsinki Declaration and the local ethical rules. Studies involving animals must follow the rules from Colégio Brasileiro de Experimentação Animal (COBEA), and the ICMJE (<http://icmje.org>).

Authorization Letter

The corresponding author should send a letter authorizing publication, signed by all co-authors, ensuring the uniqueness of the publication, ie, the article should not be posted on other news outlets, not be available online. Articles already published in other media should say when and where they were accepted for publication.

Articles contents

Original Articles (prospective, experimental or retrospective): title page, structured abstract and keywords. Text (Introduction, Method (s), Results, Discussion or equivalent, Conclusion), references, tables (if any), figure legends (if any) and figures (if any).

Preliminary Notes (initial or preliminary results of studies in progress): title page, abstract, keywords, text, references, tables (if any),

figure legends (if any) and figures (if any).

Case Reports: title page, abstract and keywords. Text (Introduction, Case description, Discussion or equivalent), references, tables (if any), figure legends (if any) and figures (if any).

Summary Of Thesis (submitted and approved within 12 months): title, author's name, advisor, committee members, date of presentation, identifying the agency or department where the thesis was developed and presented, abstract and keywords.

Review Articles (including meta-analysis and editorial comments): title page, abstract and keywords. Text (introduction, review, and may or may not have equivalent or Conclusion), references, tables (if applicable), figure legends (if any) and figures (if any).

Letters to the Editor: title, author's name, identification of the article being commented on and references (if any).

Special Numbers: organized after authorization by the Editor-in-chief.

Acknowledgements

Acknowledgments to contributors may be cited at the end of the article, before references.

Format of presentation

Title Page

Title

The article title should be short, clear and concise. When necessary, one can use a subtitle title (in Portuguese, with a maximum of 50 characters including spaces). The title should be written in Portuguese and English. The English title should be placed in italics. Use lowercase.

Authors

The authors' full name should come just below the title with the highest degree and affiliation of each author.

Name of Institution

The name of the institution where the work was carried out must be cited and also the authors' affiliation. Regarding studies presented in meetings, conference or congress, the name of the event should be cited.

Conflict of Interest Statement (if any):

The conflicts of interest that might improperly influence the development or the conclusions of the study must be mentioned in the ICMJE Col forms (available at <http://www.icmje.org/conflicts-of-interest/>). Use the following list as criteria for declaring any conflict of interest:

- Potential Conflicts of Interest Related to Individual Authors' Commitments
- Potential Conflicts of Interest Related to Project Support

Mailing Address

Repeat the name of the corresponding author and add your full address, phone and email.

References

Limit to 40 references for original articles, 25 for case reports and 100 for review articles. References should be arranged in the text in the order they are cited and presented in numerical order of appearance in the text as superscript numbers. The references should be the most updated references in the area. References of textbooks with more than 5 years should be limited to those that are fundamental. Mention all authors up to a total of 6. If the article has more than 6 authors, cite only the first 6 followed by et al (preceded by a comma). When the quote is an article already accepted for publication, include the phrase "in process of publication," indicating the journal and year. Unpublished results or studies presented at medical conferences are not recommended for citation.

Use the abbreviations of the journals found in Index Medicus / MEDLINE, available at: <http://www.nlm.nih.gov/tsd/serials/lji.html>.

If the reference is an organization its name should be cited. Example:
World Health Organization.

Manuscripts must be submitted through IJN's online submission

website: www.manuscriptmanager.net/ljn. Use the guidelines from Instructions to Authors to prepare your submission. All correspondence should be with the Regional Editorial Offices. If a paper is accepted, the Production Office will correspond with the author via e-mail.

Submission Preparation Checklist

As part of the submission process, authors are required to check off their submission's compliance with all of the following items, and submissions may be returned to authors that do not adhere to these guidelines.

1. The submission has not been previously published, nor is it before another journal for consideration (or an explanation has been provided in Comments to the Editor).
2. The submission file is in OpenOffice, Microsoft Word, RTF, or WordPerfect document file format.

3. Where available, URLs for the references have been provided.
4. The text is single-spaced; uses a 12-point font; employs italics, rather than underlining (except with URL addresses); and all illustrations, figures, and tables are placed within the text at the appropriate points, rather than at the end.
5. The text adheres to the stylistic and bibliographic requirements outlined in the Author Guidelines, which is found in About the Journal.
6. If submitting to a peer-reviewed section of the journal, the instructions in Ensuring a Blind Review have been followed.

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