Index
Page numbers in **bold type** refer to illustrations.

A
abdomen
Chinese scalp acupuncture, 222, 223
motor points, 101
YNSA, 213, 213
acupressure, addiction treatment, 189
acupuncture
auricular, see auricular acupuncture
ear, see auricular acupuncture
hand, see hand acupuncture
laser, see laser therapy
mouth, see oral acupuncture
oral, see oral acupuncture
scalp, see scalp acupuncture;
Yamamoto New Scalp Acupuncture
segment-related, 312–317
see also points
acupuncture points, see points
addiction treatment, 185–201
advantages of acupuncture, 187–188
historical background, 186
points, 188, 188–189
protocols, 190–195
adjuvant point, 30, 31
agitation, inner, and addiction treatment, 192
alcohol dependency, 200–201
allergic dermatitis, 155
allergy
axes, 109, 109
in pregnancy, 149, 151
rhinitis, 133
alopecia, 155
analgetic activity points, 102, 103
anatomy
auricula, 4, 5, 23, 23
microsystems, 320, 324
oral cavity, 226, 227
angina pectoris, 135
ankle joint affictions, 183, 183–184, 184
anthelical crura points
Chinese (46–54), 62, 62–63
left ear, 118
Nogier, 63, 67, 67–69, 68
refresher, 63
right ear, 119
anthelix, 4, 5
anthelix points, Chinese (37–45), 58, 58–59
antidepressant point, auxiliary line, 110, 110
anthophilic points, 102, 103
antipruritic points, 102, 103
antitragus, 4, 5
antitragus points
Chinese (25–36), 50, 50–51
left ear, 116
Nogier, 51, 52, 52–55, 54
refresher, 55
right ear, 117
antitremor zone, Chinese scalp acupuncture, 220, 221
ascending helix branch points
Chinese (79–83), 78, 78–79, 83
Nogier, 79, 80, 80–81, 82, 82–83
associative zone, Chinese scalp acupuncture, 221, 221
asthma, 133
and addiction treatment, 194
auditory zone, Chinese scalp acupuncture, 221, 221
auricula
anatomy, 4, 5, 23, 23
infection, 33
reflex zones, topographic location, 12, 13
spinal column projection, 24, 25, 26, 26–27, 27
auricular acupuncture, 1–201
alcohol dependency, 200–201
auxiliary lines, 108–112
basic principles, 1–35
Chinese nomenclature, 16, 17
contraindications, 34
French vs. Chinese, 158
laser, 325, 325
nicotine dependence, 196–197
obesity, 198–199
obstacles to therapy, 35
auricular geometry, Nogier, 158, 158
auricular cardiac reflex (ACR), 28, 30
and NPPOT, 306
auriculotemporal nerve, 6, 7, 11
auxiliary lines, auricular acupuncture, 108–112
axises, 166
point zero, 108
see also micro-channels; shao yang; shao yin; tai yang; tai yin; yang ming
B
back pain, and addiction treatment, 193
**ba gang**, diagnostic criteria, 165, 182, 184
base points
frontal, YNSA, 204, 206, 207, 208, 211
occipital, YNSA, 212, 212
beta 1 receptor point, auxiliary line, 111, 111
bladder, irritated, 153
bladder channel (K-I Bang-Kwang Ki Mek), 274, 275
blockage, 158
body acupuncture
alcohol dependency, 200
nicotine dependence, 196
obesity, 198
Boudiol, René, 30
clitoris point, 80, 80
point R, 80, 81, 141
psychotherapy point, 188, 189, 194
vagina point, 80, 80
bronchitis, 133
C
canine point, 229
carcinoma pain, 151
cardiovascular disease, 134, 135
cephalgia, 148
cervical plexus, 6, 9, 10
cervical segments, NPPOT, 312–314
cervical syndrome, local, 169, 169
cervicobrachial syndrome, 170, 170
cervicocephalgia, 168, 168
cervicogenic pain syndrome, 164, 166, 166, 167
canal correlations, teeth and vestibular points, 228, 228–229
channels, see micro-channels
chest pain, 133
Chinese auricular points, 16, 17, 158
Chinese hand acupuncture, 287–297
dorsal points, 289, 290, 291, 292, 293
palm points, 289, 294, 295, 296, 297
technique, 288
clinical pictures, special, 164–165
colitis, 137
colitis, 137
conecption vessel
in Korean hand acupuncture, 258, 259
in oral acupuncture (ren mai), 229
concha (cymba), 4, 5
concha points
Chinese, 97
left ear, 126
Nogier, 98–97, 97
refresher, 97
right ear, 127
concha projection zones
Nogier, 92, 92–93, 94
see also inferior concha points;
internal organ projection zones; superior concha points
conjunctivitis, 143
constipation, 137
corvulsions, and addiction treatment, 190, 191
corresponding therapy, hand, 255, 255, 256, 256
coxlage, 181, 181
cranial bones, projection zones,
Nogier, 56, 57
crus, superior anthelical, 4, 5
crus of helix points
Chinese (79–83), 78, 78–79, 83
left ear, 122, 124
Nogier, 79, 80, 80–81, 82, 82–83
refresher, 81, 83
right ear, 123, 125
D

depressive moods, and addiction treatment, 192
d e qi sensation, in laser acupuncture, 325, 326
dermatitis, 155
diarrhea, 137
and addiction treatment, 191
digestive organ disease, 136, 137
disturbance fields, 158
dizziness, 144, 145
du mai (governing vessel)
in addiction treatment, 190
in oral acupuncture, 229
Durinjan, R.A.
inervation zones, auricular, 8, 9
internal organ projection zones, 18, 19, 22, 24
reflex zone topography, auricula, 18, 19–20, 21
sexual system, projection zones, 18, 20, 21
dysmenorrhea, 151
dyspepsia, 137

E

ear, outer, see auricula
ear lobe (auricular lobule), 4, 5
ear relief, cross-section (zones 1–VIII), 26, 26–27, 27, 60, 60, 60, 160
eczema, 155
ejaculation, premature, 153
elbow, projection zones, NPPOT, 303
elbow joint disturbances, 174, 174
embryological assignment, Nogier, 6
emesis, 151
endocrine glands, 61
nervous control points, 27, 161
energy lines on auricula, 104, 105, 106, 107
equilibrium zone, Chinese scalp acupuncture, 222, 222
extraoral points, in oral acupuncture, 239
eye diseases, 142, 143

F

facial paresis, 147
facial spasm, 147
first rib point, auxiliary line, 110, 110
five elements theory, 130
focal disturbance, 158
foot afflictions, 183, 183–184, 184
fractal microsystems, xv, 320, 323, 324
French auricular acupuncture, 158
fenular points, in oral acupuncture, 239, 239
frontal base points, YNSA, 211

G

gallbladder channel (K-M Dam Ki Mek), 282, 283
gastrointestinal complaints, 137
genital zone, Chinese scalp acupuncture, 222, 223
glaucoma, 143
glossopharyngeal nerve, 8, 9
gold needles, 34
gonalgia, 182, 182
governing vessel
in Korean hand acupuncture, 260, 261
in oral acupuncture (du mai), 190, 229
great auricular nerve, 6, 7, 10, 11
gynecological disorders, 149, 150, 151

H

hand acupuncture
Chinese, 287–297
corresponding therapy, 255, 255, 256

dorsal, Chinese points, 289, 290, 291, 291, 293
dorsal, Korean points, 252
Korean, 243–285
laser, 328, 328
localization aids, 246, 247–249, 250, 251–253
organ therapy, 257–285
palm, Chinese points, 289, 294, 295, 296, 297
palm, Korean points, 248
technique, 245
therapy, 254, 254
topography, 254, 254
hand and wrist disorders, 175, 175
headache, 148
and addiction treatment, 193
head and locomotor system, Durinjan projection zones, 18, 19
heart channel (K-G Shim Ki Mek), 270, 271
heart rhythm disturbances, 135
heart–small intestine functional network, 237, 237
heart zone, 90, 139
helical rim points
Chinese (72–78), 76, 77
left ear, 122
Nogier, 76, 77
refresher, 77
right ear, 123
helium-neon laser, functional principle, 320, 321
helix, 4
see also crus of helix
helix root points, Chinese (84–91), 86, 86–87
herpes zoster, 147
hiccup (singultus), 137
hip
diseases, 164, 181, 181
pain, 181, 181
projection zones, NPPOT, 301, 301–302, 302
historical background, xiii–xiv
addiction treatment, 186
homolaterality, 241
hordeolum, 143
hyperemesis, 151
hyperhidrosis, 147
hypertension, 130, 135
hypotension, 135

I

iliosacral joint
projection zones, NPPOT, 301, 301–302, 302
spinal column correlations, 240
impotence, 153
incisor point, oral acupuncture, 229
incontinence, 153
indications
addiction treatment, 190
auricular acupuncture, 34, 37–127
NPPOT, 306
oral acupuncture, 227
inferior concha points
Chinese (100–104), 90, 90–91
Nogier, 91
injection therapy, in oral acupuncture, 242
innervation zones, auricular
Durinjan, 8, 9
Nogier, 6, 7
recent investigations, 10–11, 11
insomnia, and addiction treatment, 192
intercostal neuralgia, 147
intermediate nerve (facial nerve), 8, 9
internal disorders, 130–131
internal organ projection zones
Chinese, 85, 95, 124, 125
Durinjan, 84
Nogier, 87, 89, 126, 127
refresher, 87, 91, 95
internal organs
projection zones, Durinjan, 18, 19, 22
treatment areas, NPPOT, 304, 304–305, 305
intertragic notch points
Chinese (22–24), 46, 46–47
left ear, 116
Nogier, 46, 47, 48–49
refresher, 49
right ear, 117
irritated bladder, 153
ischialgia, 151

J

joints, motor points, 100
K
kidney–bladder functional network, 233, 234
kidney channel (K-J Shin Ki Mek), 276, 277
kidney insufficiency, 153
Ki Mek theory, 257
see also micro–channels
knee, projection zones, NPPOT, 301, 301–302, 302
knee pain, 182, 182
Korean hand acupuncture, 243–285
laser, 328, 328
Korean hand–foot acupuncture (su jok), 244

L
large intestine channel (K-D Taejang Ki Mek), 264, 265
laser light, properties, 322–323
laser therapy, 242, 319–328
latterality, 28, 29, 241
acupuncture points, left and right ears, 113–127
leg pain, and addiction treatment, 193
liver channel (K-N Gan Ki Mek), 284, 285
liver–gallbladder functional network, 234, 234
lobule points
Chinese (1–11), 38, 38–39, 39
left ear, 114
nine fields, 38
Nogier, 39, 40, 40–41
right ear, 115
local cervical syndrome, 169, 169
localization
dorsal surface of hand, 250, 251–253
palm of hand, 246, 247–249
locomotor system diseases, 157–184, 164
acute, 164
chronic, 164–165
lower extremities
diseases, 164
projection zones, Nogier, 66
sensomotor zone, Chinese scalp acupuncture, 222, 222
lumbar segments, NPPOT, 315–317
lumbar vertebrae–related pain syndrome, 177, 177
lumbar vertebrae syndrome, local, 178, 178
lumboischialgia, 179, 179–180, 180
lung channel (K-C Pae Ki Mek), 262, 263
lung–large intestine functional network, 236, 236

M
macular degeneration, 143
menopausal syndrome, 151
menstrual complaints, and addiction treatment, 191
metal, for needles, 34, 108
methadone programs, 186
micro–channels, hand, 257
conception vessel (K-A Im Ki Mek), 258, 259
governing vessel (K-B Dok Ki Mek), 260, 261
lung channel (K-C Pae Ki Mek), 262, 263
large intestine channel (K-D Taejang Ki Mek), 264, 265
stomach channel (K-E Wie Ki Mek), 266, 267
spleen channel (K-F Pi Ki Mek), 268, 269
heart channel (K-G Shim Ki Mek), 270, 271
small intestine channel (K-H Sojang Ki Mek), 272, 273
bladder channel (K-I Bang-Kwang Ki Mek), 274, 275
kidney channel (K-J Shin Ki Mek), 276, 277
pericardium channel (K-K Shim-Po Ki Mek), 278, 279
triple burner channel (K-L Sam-Choo Ki Mek), 280, 281
gallbladder channel (K-M Dam Ki Mek), 282, 283
liver channel (K-N Gan Ki Mek), 284, 285
microsystems, xiv–xv, 324
migraine, 148, 149
motor points
abdomen, 101
joints, 100
left and right ears, 101
musculature, 100
thorax, 101
motor zone, Chinese scalp acupuncture, 220, 221
mouth, see oral
moxibustion, and addiction treatment, 191
muscles, local reflex zones and remote points
cervical, 308–309, 310–311
thoracic, lumbar, sacral, 310–311
muscular disturbances, NPPOT, 307
musculature, motor points, 100
musculoskeletal system, and oral acupuncture, 240, 240

N
National Acupuncture Detoxification Association (NADA), 186, 189, 201
nausea, 137, 191
neck diagnosis, YNSA, 214, 214–215
neck triangle, zones, YNSA, 215
needle material, 34, 108

P
pain management
analgetic activity points, 102, 103
oral acupuncture, 241
postoperative, 151
postpartum, 151
palm, see hand
paraverterbral chain of sympathetic ganglia, 61, 160
pericardium channel (K-K Shim-Po Ki Mek), 278, 279
pineal gland point, auxiliary line, 111, 111
nervous organ points, paravertebral chain, 160
neuralgia, 147
neurological diseases, 146, 147
New Point–Based Pain and Organ Therapy (NPPOT), 299–317
cervical segments, 312–314
indications, 306
laser, 328, 328
lumbar segments, 315–317
sacral segment, 317
technique, 306
thoracic segments, 314–315
topography, 300–305
treatment areas, 307
nicotine dependence, 196–197, 197
night sweats, and addiction treatment, 193
Nogier, Paul, 2–3
auricular geometry, 30, 158, 158
vs. Chinese acupuncture, 158
innervation zones, auricular, 6, 7
reflex, 28, 30
nomenclature, oral acupuncture, 227
NPPOT, see New Point–Based Pain and Organ Therapy

O
obesity, 198–199, 199
occipital base points, YNSA, 212, 212
occipital nerve, minor (lesser), 10, 11
omega points line, 107
optical zone, Chinese scalp acupuncture, 222, 222
oral acupuncture, 225–242
functional networks, 233–239
laser, 242, 327, 327
points, 226, 229, 238, 239
practical instructions, 241–242
systematics, 226
oral cavity, anatomy, 226, 227
orchitis, 153
organ diseases, NPPOT indications, 306
organ therapy, hand acupuncture, 257–285
plexus points, Nogier, 96–97, 97

points for addiction treatment, 188, 188–189

cardiovascular system combinations, 135

Chinese auricular acupuncture, 16, 17

Chinese hand acupuncture, 289–297
detection, 32, 108, 242
digestive organ combinations, 137
eye disease combinations, 143
gynecology combinations, 151

Korean hand acupuncture, 226, 227

neurological disease combinations, 147

oral acupuncture, 220–223

retromolar, in oral acupuncture, 230, 230

right ear, 115, 117, 119, 122, 123, 125, 127

selection, auricular acupuncture, 30–32

Skin disease combinations, 155

urological disease combinations, 153

vertigo and tinnitus combinations, 145

vestibular, in oral acupuncture, 227, 228, 228–229

see also projection zones; refreshers

point zero, 24, 25, 27, 29, 30, 31, 108, 159

pollinosis, 131

postantitragal fossa, 105

postpartum pain, 151

pregnancy, 149, 151

premature ejaculation, 153

pricking, 32

projection zones

Durinjan, 18, 19–20, 21

Nogier, 14, 15

NPPOT, 300–305

scalp acupuncture, Chinese, 220–223

see also points

prostatitis, 153

pruritus, 137, 155

psychosomatic zones, Chinese scalp acupuncture, 221, 221

psychosomatic disorders, 130, 138, 138–141, 140

Chinese points, 139

Nogier and Bahr points, 140–141

psychotherapy point, 188, 189, 194

R

reflex zones

auricula, 12, 13

Durinjan, 18, 19–20, 21

and laterality, 28

muscules, 308–311

refressers

anthelical crura points, 63, 118, 119

antigrus points, 55, 116, 117

bladder channel (K-I Bang-Kwang Ki Mek), 275

conception vessel (K-A Im Ki Mek), 259

concha points, 97, 126, 127

crus of helix points, 81, 83, 122, 123, 124, 125

frontal base points, YNSA, 211
gallbladder channel (K-M Dam Ki Mek), 283
governing vessel (K-B Dok Ki Mek), 261

heart channel (K-G Shim Ki Mek), 271

helical rim points, 77, 122, 123

internal organ projections, 87, 91, 95, 124, 125, 126, 127

intertrigac notch points, 49, 116, 117

kidney channel (K-J Shin Ki Mek), 277

large intestine channel (K-D Taejang Ki Mek), 265

left ear acupuncture points, 114, 116, 118, 120, 122, 124, 125

liver channel (K-N Gan Ki Mek), 285

lobule points, 41, 114, 115

lung channel (K-C Pae Ki Mek), 263

pericardium channel (K-K Shim-Po Ki Mek), 279

right ear acupuncture points, 115, 117, 119, 122, 123, 125, 127

scapha points, 75, 120, 121

small intestine channel (K-H Sojang Ki Mek), 273

spleen channel (K-F Pi Ki Mek), 269

stomach channel (K-E Wie Ki Mek), 267

supratragac notch points, 45, 114

tragus points, 45, 114

triangular fossa points, 69, 118, 119

triple burner channel (K-L Sam-Cho Ki Mek), 281

upper extremity projection zones, 73

YNSA points, 205

ren mai (conception vessel), 229

representation fields, spinal column, 158

respiratory tract disease, 132, 133

retromolar points, 230, 230

retromolar zones, 227, 231–232

retropoints, 99

reverse side of auricula points, Chinese (105–108), 98, 98

rhinitis sicca, 133

S

sacral segment, NPPOT, 317

scalp

somatope subdivision, 204

yin and yang areas, 205, 205

scalp acupuncture, 203–223

Chinese, 219–223

layer, 326, 326

projection zones, 220–223

Yamamoto, 203–217

scapha, 4, 5

scapha points

Chinese (62–71), 70, 71, 75

left ear, 120

Nogier, 71, 72, 72–75, 74

refreshers, 75

right ear, 121

segment-related acupuncture, 312–317

sensibility zone, Chinese scalp acupuncture, 220, 221

sensomotor zone, Chinese scalp acupuncture, 222, 222

sensory line, 52, 105

sexual system, projection zones, Durinjan, 18, 20, 21

shao yang axis

and cervicogenic pain syndrome, 166

in elbow joint disturbances, 174

in shoulder joint disturbances, 172, 173

shao yin axis, in elbow joint disturbances, 174

shen men (spirit gate), 12, 21, 63, 63, 102, 103, 139

and knee pain, 182

and local cervical syndrome, 169

shoulder joint disturbances, 172, 172–173, 173

projection zones, NPPOT, 303, 303

sickness, 137

Siener, Rudolf, xiv, 300, 307

silver needles, 34

singultus, 137

sinuses, projection zones, 56, 57

sinusitis, 133

skeleton, projection zones

Chinese, 163

Nogier, 14, 162

skin diseases, 154, 155

small intestine channel (K-H Sojang Ki Mek), 272, 273

solar dermatitis, 155
somatopy, 2
spastic bronchitis, and addiction treatment, 194
speech zone I, Chinese scalp acupuncture, 222
speech zone II, Chinese scalp acupuncture, 221
spinal column
diseases, 164, 176–180
and oral acupuncture, 240
reportation fields, 158
retropoints and projection, Nogier, 99
spinal column projection, auricula, 24, 25, 26, 26–27
spinal column projection zones, Nogier, 59, 60, 60–61
spirit gate, see shen men
spleen/pancreas–stomach functional network, in oral acupuncture, 235
spleen point, auxiliary line, 112
squeezing, and addiction treatment, 194
steel needles, 34
sterility, female, 151
stomach channel (K-E Wie Ki Mek), 268, 269
stomach complaints, and addiction treatment, 193
stress furrow, 105
superior antehelical crus, 4, 5
superior concha points, Chinese (92–99), 88, 88–89
superordinate points, Chinese, 102, 103
supratragic notch points
Chinese (20, 21), 42, 42–43, 43
left ear, 114
Nogier, 44, 44–45, 45
right ear, 115
sympathetic ganglia, 61, 160

T
Tai yang axis
and cervicogenic pain syndrome, 166
in shoulder joint disturbances, 173
Tai yin axis, in shoulder joint disturbances, 172, 173
teeth
retromolar points, in oral acupuncture, 230
and vestibular points, in oral acupuncture, 227, 227, 228, 229
therapy, hand, 254
thoracic outlet syndrome, 176
thoracic segments, NPPOT, 314–315
thorax, motor points, 101
thorax zone, Chinese scalp acupuncture, 222, 223
Tinnitus, 144, 145
topography
auricular acupuncture points, Chinese nomenclature, 16, 17
auricular acupuncture points, 37–127
hand, 254, 254
NPPOT, 300–305
projection zones, Nogier, 15
Traditional Chinese Medicine (TCM), xiii, xiv, 32, 34, 130, 158, 165, 267
and cervicocephalgia, 168
and cervicogenic pain, 166
and kidney, 277
and Korean hand acupuncture, 244
and spleen, 112
and vestibular points, 229
and YNSA, 204
tragus, 4, 5
tragus points
Chinese (12–19), 42, 42–43, 43
left ear, 114
Nogier, 44, 44–45, 45
refresher, 45
treatment
major illnesses, 129–155
NPPOT, 306, 307
treatment lines on auricula, 104, 105, 106, 107
triangular fossa points
Chinese (55–61), 64, 64–65, 69
left ear, 118
Nogier, 63, 65, 67, 67–69, 68
refresher, 69
right ear, 119
trigeminal nerve, 6, 7, 8, 9, 10
trigeminal neuralgia, 147
triple burner channel (K-L Sam-Choo Ki Mek), 280, 281
triple burner–pericardium channels, 229, 238, 279
triple burner zone, 91
triple heater zone, 213, 215, 216
tubercle, helical (Darwinian), 4, 5

U
upper extremities, afflictions, 164
171–175
upper extremity points, 120, 121
upper extremity projection zones
Chinese, 73
Nogier, 72, 72–75, 74
refresher, 73
urination problems, 151
urological diseases, 152, 153
urticaria, 155

V
vagina point, 80
vagus nerve, auricular branch, 6, 7, 8, 9, 10, 11
vascular autonomic signal, 30
vasomotor zone, Chinese scalp acupuncture, 221, 221
vegetative groove, 25, 30, 31, 107, 159
vegetative harmonization points, 102, 103
vertebrae, auricular projection, 24, 25, 26, 26–27, 27
vertebral lesions, NPPOT, 307
vertigo, 144, 145
vertigo and auditory zone, Chinese scalp acupuncture, 221, 221
vertigo line, von Steinburg, 54
very point technique, 304, 305
vestibular points, 227, 228, 228–229
channel correlations, 228, 228–229
and teeth, 227, 227, 228, 229
vomiting, and addiction treatment, 191

W
Wen, H.L., 186
withdrawal symptoms, 190
Woo, Tae Yoo, 244
wrist disorders, 175, 175

Y
Yamamoto, Toshikatsu, xiii, 204, 208
Yamamoto New Scalp Acupuncture (YNSA), xiii, 203–217
base points, 204, 206, 207, 208
brain points, 210, 210
diagnostic somatopes, 213, 213
laser application, 326
and microsystems, 324
neck diagnosis, 214, 214–215
sense organ points, 211
zones, 206, 207, 208, 209
Yang ming axis
in elbow joint disturbances, 174
in shoulder joint disturbances, 172, 173
YNSA, see Yamamoto New Scalp Acupuncture
Y-points
application, 217
as functional somatope, 215
indications, 217
localization, 216, 216–217

Z
zones, see projection zones; reflex zones