**TITLE**

*Handbook of Otolaryngic Allergy*

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**DESCRIPTION**

The quintessential how-to guide on treating allergies for day-to-day practice

While encyclopedic tomes on the treatment of allergies have a place on the library shelves of otolaryngologists, *Handbook of Otolaryngic Allergy* provides a user-friendly office resource clinicians can consult on a daily basis. Written by Christine Franzese, Cecelia Damask, Sarah Wise, and Matthew Ryan, the book encompasses the basic science of allergies, essential knowledge, and how to perform each procedure.

Part one starts with basic immunology and allergic rhinitis definition and classifications, followed by discussion of sensitivities vs. clinical allergies, the unified airway concept, and different classes of inhalant allergens. Parts two and three detail all aspects of diagnosis and diverse skin testing methods such as Specific IgE testing. Subsequent parts discuss current treatment methods, allergy emergencies such as anaphylaxis, atopic disorders, and professional issues clinicians must tackle to successfully incorporate allergy treatment into practice.

**Key Highlights**

- The use of diverse types of pharmacotherapy including decongestants, anti-cholinergics, and antihistamines, as well as biologics, alternative medicines, and monosensitization vs. polysensitization
- Discussion of immunotherapy approaches including subcutaneous, sublingual, sublingual tablets, and oral mucosal
• Managing associated atopic disorders such as penicillin allergy, asthma, food allergies, eosinophilic esophagitis, and atopic dermatitis
• Worksheets with correct answers enable self-testing and accurate vial mixing/preparation

This user-friendly reference is a must-have companion for otorhinolaryngology residents and practitioners at any stage of their careers who treat patients with allergies.


COMPETITION  

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