**TITLE**
Lymphedema Management, Third Edition

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**FORMAT**
HARDCOVER 394 illustrations (approx.) · 346 pages (approx) 19.5 x 27 cm

**SPECIALTY**
Physical therapy

**LEVEL**
Allied health professionals, physical therapists

**DESCRIPTION**
This comprehensive textbook discusses current approaches to managing primary and secondary lymphedema and related conditions, such as chronic venous insufficiency, edema, and rheumatoid arthritis. It provides thorough coverage of the anatomy, physiology, and pathology of the lymphatic system, and explains everything to know about manual lymph drainage (Vodder technique), complete decongestive therapy, and other treatment modalities. The authors also provide practical tips on patient self-care, bandaging techniques, and exercises, and give valuable recommendations for administrative and business issues.

**SALES HOOKS**
- New second editor Steve Norton: he is Executive Director of the Norton School of Lymphatic Therapy and one of the pioneers of lymphatic studies
- New sections by 10 additional contributors, who are some of the most experienced and notable therapists in the world
- 150 additional figures, now nearly 400 figures

**COMPETITION**

**Difference:** Much more extensive and expensive than Zuther/Norton – encyclopedic in its approach. Our book shows the direct clinical approach of the authors built on the vast experience and evidence-based therapies.

**CONTENTS OVERVIEW**

1 ANATOMY: 1.1 Circulatory System; 1.2 Lymphatic System; 1.3 Topography; 1.4 Components; 1.5 Lymphatic Watersheds; 1.6 Interterritorial Anastomoses; 1.7 Lymphatic Drainage and Regional Lymph Node Groups

2 PHYSIOLOGY: 2.1 Heart and Circulation; 2.2 Blood Pressure; 2.3 Capillary Exchange; 2.4 Physiology of the Lymphatic System; 2.5 Insufficiencies of the Lymphatic System; 2.6 Edema and Lymphedema at a Glance; 2.7 Understanding Starlings Equilibrium

3 PATHOLOGY: 3.1 Lymphedema; 3.2 Evaluation of Lymphedema; 3.3 Chronic Venous and Lymphovenous Insufficiency; 3.4 Wounds and Skin Lesions; 3.5 Lipedema; 3.6 Traumatic Edema; 3.7 Inflammatory Rheumatism; 3.8 Reflex Sympathetic Dystrophy; 3.9 Cyclic Idiopathic Edema
4 COMPLETE DECONGESTIVE THERAPY: 4.1 History and Background; 4.2 Goal of CDT; 4.3 Components of CDT; 4.4 Compression Therapy; 4.5 Exercises and Lymphedema; 4.6 Skin and Nail Care; 4.7 The Two-Phase Approach in Lymphedema Management; 4.8 Documentation Techniques for Lymphedema; 4.9 CDT for Cancer Survivors

5 TREATMENT: 5.1 General Considerations; 5.2 Application of Basic MLD Techniques on Different Parts of the Body; 5.3 Treatment Sequences; 5.4 Elastic Taping for Lymphedema; 5.5 Treatment Strategies for Common Complications of Lymphedema; 5.6 CDT Treatment Protocol Variations: Primary and Secondary Lymphedema; 5.7 Adapting CDT to the palliative patient; 5.8 Lipedema Treatment: Understanding the diagnosis and patient profile; 5.9 Application of Compression Bandages; 5.10 Bandaging Procedures using Foam Padding; 5.11 Genital Lymphedema Treatment; 5.12 Truncal Lymphedema; 5.13 Bandaging in Presence of Wounds; 5.14 Measurements for Compression Garments; 5.15 Compression Bandaging Alternatives: Guidelines to Choosing the Right Homecare Systems; 5.16 Treatment Considerations in Managing the Morbidly Obese Patient; 5.17 Patient Education; 5.18 Surgical Treatment

6 ADMINISTRATION: 6.1 Setting Up a Lymphedema Clinic; 6.2 Suggested Materials to Start Up a Lymphedema Program; 6.3 Reimbursements and Billing