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- **ABSTRACT AND KEYWORDS**
  - See the section Article Types for word limit

- **CONFLICT OF INTEREST**
  - Every named author must disclose their conflicts or lack thereof through ICMJE COI forms

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  - Cited sequentially in AMA style

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  - Cited sequentially and included in the main document

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Article Types

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<tr>
<td>Original article</td>
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<td>3 to 7 keywords</td>
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<td>Approximately 5 tables/figures</td>
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<tr>
<td>(up to 3,500 words)</td>
<td>(Structured: Objectives, Materials and Methods, Statistical analysis, Results, Conclusions)</td>
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<tr>
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<td>Up to 35 words</td>
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<td>Editorial</td>
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- **Original Article**: These include randomized controlled trials, intervention studies, studies of screening and diagnostic test, outcome studies, cost effectiveness analyses, case-control series, and surveys with high response rate. The text of original articles amounting to up to 3,500 words (excluding Abstract, references and Tables) should be divided into sections with the headings Abstract (Structured: Objectives, Materials and Methods, Statistical analysis, Results, Conclusions) up to 350 words, Key-words (3–7 MeSH words), Introduction, Materials and Methods, Results, Discussion, Conclusions, References Tables and Figure legends.

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- **Review Article**: It is expected that these articles would be written preferably by individuals who have done substantial work on the subject or are considered experts in the field. The prescribed word count is up to 4,000 words excluding tables, references and abstract. The manuscript may have about 75 references. The manuscript should have an unstructured Abstract (350–400 words) representing an accurate summary of the article. The section titles would depend upon the topic reviewed. Authors submitting review article should include a section describing the methods used for locating, selecting, extracting, and synthesizing data. These methods should also be summarized in the abstract. The journal expects the contributors to give post-publication updates on the subject of review. The update should be brief, covering the advances in the field after the publication of the article and should be sent as a letter to editor, as and when major development occurs in the field.
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2. Citing a chapter in a book:

3. Citing a book:
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4. Citing a thesis:

5. Citing a government publication:

6. Citing an online article:

7. Citing a symposium article:
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- Any abbreviations used in the table should be explained at the end of the table in a footnote.

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General Guidelines

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- Do not submit art created in Microsoft Excel, Word, or PowerPoint. These files cannot be used by the typesetter.
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- Save each figure in a separate file.
- Do not compress files.
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- Where there are alternate terms or spellings for a named structure, use the most common one and make sure it is consistent with what is used in the text.
- Avoid using multiple fonts and font sizes for the labels; use only one or two sizes of a serif font.
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Please follow the standard Levels of Evidence for Primary Research and the reporting guidelines specified by this table:

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