

Information for Authors

Hormone and Metabolic Research accepts manuscripts in English in the fields of endocrinology and metabolism from clinical and laboratory research, with a preference for experimental over observational studies. Reports dealing with effects of plant extracts and other chemicals on diabetes and other endocrine functions are not subjects covered by this journal. There is a special focus on manuscripts dealing with pituitary, adrenal, thyroid and bone disorders as well as on diseases of the endocrine pancreas. The manuscripts should not have been published elsewhere and the author must hold the copyright. The aim of the journal is to disseminate new and reliable experimental data from across the field of endocrinology and metabolism to researchers, scientists and doctors worldwide. With this in mind the Editors have agreed to process manuscripts and provide detailed reviews in as short time as possible. Correctly written manuscripts will ensure speedy publication. The Editors reserve the right to accept and reject manuscripts and to make necessary corrections or shortenings, where necessary, after communicating with the author.

These types of manuscripts will be accepted:

- Original Articles (Endocrine Care/Endocrine Research)
- Reviews and Mini Reviews
- Immediate Interest
- Hypotheses
- Commentaries
- Letters to the Editor
- Symposium Proceedings
- Editorials

Manuscript Submission

All manuscripts must be submitted exclusively via online submission at <http://mc.manuscriptcentral.com/hmr>

Submissions of hardcopy manuscripts will not be accepted. Please refrain from sending manuscripts via e-mail. For submission of all manuscripts, please follow the instructions on the online submission system. Before submission, keep ready full metadata of all manuscripts (title, short running title, authors' names including affiliations and addresses, list of keywords and abstract). The author submitting the manuscript will be corresponding author.

Figures should be uploaded separately as *.tif, *.jpg, *.ppt, *.doc or *.xls files (resolution: colored and black-white bitmaps: 300 dpi; diagrams and line drawings: 600 dpi minimum). Tables should be uploaded in a separate Word file (not as a *.jpg file). The legends to the figure and table including Arabic numerals should be entered in the appropriate fields during the file upload. Please note that figures and tables should not be integrated into the main document, but a list with the legends of the figures and tables should be included here.

For each issue of *Hormone and Metabolic Research* a suitable color figure will be selected from the submitted work to appear as a frontispiece. Authors are responsible for the correctness of the manuscripts and the list of references. Nomenclature should follow the recommendations of the International Union for Pure and Applied Chemistry (IUPAC) and the International Union for Biochemistry (IUB). All measurements must be in Systeme International (SI) units.

A. Original Articles

Original papers should deal with investigations and results of high scientific value which have not been published previously.

1. The original papers should not exceed 6 printed pages, i.e. 15 type-written double-spaced manuscript pages of 30 lines of 60 letters each, including references, tables, figures and legends. Please do not use more than one blank space between words and sentences. A maximum of 4 figures and 3 tables is allowed. **Longer manuscripts will be subject to editing and a page charge of € 160 per printed page (including 19% VAT) starting with the seventh printed page.**

2. Preparation of manuscripts

The authors are asked to follow the outline set below:

Page 1: a) title, b) short running title (limit: 40 characters), c) name of the author (no titles or academic grades) and address of the institute(s) where the investigations have been carried out. Should the address of the author at the time of publication differ from the one stated in the paper, the current address should be stated in a footnote, d) complete mailing address of corresponding author including telephone and telefax numbers and e-mail addresses. Page 2: a) an abstract containing not more than 250 words with no abbreviations, b) keywords (3–6 without repeating words in the title).

Page 3 and onwards: a) introduction also indicating the aim of the study, b) materials and methods, c) results: double presentation of data in the form of text, tables or figures should be avoided, d) discussion and conclusions, e) list of references, f) legends of tables and figures. Do not include your acknowledgements in the main document but use the appropriate textbox on the online submission system. They will be included in the manuscript upon acceptance for publication.

3. References

a) *Text*: Citations and references should be numbered consecutively using square brackets in the order in which they are cited in the text, followed by any in tables or legends. Please do not number references under alphabetical order of authors. Do not use footnotes and hyperlinks. If authors are mentioned in the text, only the first author should be given followed by "et al." whenever the reference has three or more authors.

Example: "...protein concentrations were determined according to Lowry et al. [12].

b) *List of References*: References should be given as plain text. Do not use fields in MS Word, as these are difficult to process later. The references should be listed in numbered order according to the sequence they appear in the text. All authors or groups of authors of each publication should be mentioned. The name of the author(s) should be followed by the full title of the paper, name of the journal in which it has been published (abbreviations according to "World Medical Periodicals", published by the World Medical Association), year of publication, volume, first and last page. Abstracts and supplements have to be indicated. Chapters from books have to be cited as follows: author(s), title of chapter, title of book, editor(s), place of publication, publisher, year of publication, first and last page of the chapter.

Examples:

⁹ Lowry OH, Rosebrough NJ, Farr AL, Randall RJ. Protein measurement with the Folin-phenol reagent. *J Biol Chem* 1951; 193: 265–275

¹⁰ Kerner W, Pfeiffer EF. The artificial pancreas. In: Samols E (ed). *The endocrine pancreas*. New York: Raven Press, 1991: 441–456

B. Reviews and Mini Reviews

Reviews deal with previous research on a certain topic and serve to summarize current findings on the topic so far. The structure of the review will vary from an original paper according to the nature of the review. Please aim at no more than 20 type-written pages and 100 references. All reviews will be refereed.

C. Immediate Interest

Immediate Interest is a novel section intended for the rapid publication of novel findings and/or of current interest. It replaces Short Communications and Rapid Communications. Articles submitted under this category are projects or reports that should contain new clinical and experimental data or research findings of exceptional importance and interest. They must be of wide general appeal. The manuscript should be accompanied by a brief statement from the author explaining why fast publication is merited. The page limit is set at six printed pages (including tables, figures, and references) and the manuscript will be subjected to an expedited peer-review process. The author guidelines for Immediate Interest are the same as for Original Articles.

Continuation from inside front cover**D. Hypotheses**

Hypotheses should either formulate a new thesis on the basis of clinical or experimental work or they should challenge a dogma in the field of endocrinology and metabolism. They should line out relations to differing fields of medicine. These papers may contain preliminary data which, taken together with previously published work in the literature, outline speculative, interesting, and novel ways of thinking in a conclusive style. The hypothesis must be testable in future but not so easily that readers wonder why it has not already been done. Hypotheses tend to have the length of approximately 2–3 written pages including 2 figures, the shorter – the better!

E. Commentaries

Commentaries are usually invited. They aim at commenting on subjects with a strong impact upon experimental endocrinology and metabolism.

F. Letters to the Editor

This section has been introduced in order to encourage the authors in a free exchange of ideas. The opinions presented will not necessarily reflect the opinions of the Editors.

G. Symposium Proceedings

Symposium proceedings are usually invited. However, organisers of symposia are encouraged to contact one of the Editors.

Supporting Information

To keep articles as concise and at the same time as informative as possible, authors are encouraged to submit part of their tables and figures as Supporting Information (SI). The following type of data will be published as SI: high-resolution halftone and color illustrations, and tables summarizing data that are not essential but useful to the understanding of an article. Tables and figures provided as SI must be referred to in the manuscript as follows: Table 1S and Figure 1S. SI has to be submitted as a separate file. SI is published on the journal's homepage at: <http://www.thieme-connect.de/products>.

Clinical Trial Registration

All clinical trials considered for publication in *Hormone and Metabolic Research* must be registered in an approved clinical trial database, such as ClinicalTrials.gov (www.clinicaltrials.gov) and the Primary Registries of the WHO Registry Network (please see list on <http://www.who.int/ictrp/network/primary/en/index.html>). The authors submitting the manuscripts reporting on clinical trials must have registered the trials before the start of the study, that is, before enrolment of the first patient.

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